

AROMA®



instruction manual

AFS-147B

Food Steamer

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Here at Aroma we strive to make a difference—to design and distribute products that enhance and enrich people's lives.

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/AromaHousewares



IMPORTANT SAFEGUARDS

Basic safety precautions should always be followed when using electrical appliances, including the following:

1. **Important: Read all instructions carefully before first use.**
2. Do not touch hot surfaces. Use the handles or knobs.
3. Use only on a level, dry and heat-resistant surface.
4. To protect against fire, electric shock and injury to persons, do not immerse the power cord, plug or appliance in water or any other liquid. See instructions for cleaning.
5. Close supervision is necessary when the appliance is used by or near children.
6. Unplug from the wall outlet when not in use and before cleaning. Allow the unit to completely cool before putting on or removing parts and before cleaning the appliance.
7. Do not operate any appliance with a damaged power cord or plug or after the appliance malfunctions or has been damaged in any manner. Contact Aroma® customer service for examination, repair or adjustment.
8. The use of accessory attachments not recommended by Aroma® Housewares may result in fire, electrical shock or injury.
9. Do not use outdoors.
10. Do not let the power cord touch hot surfaces or hang over the edge of a counter or table.
11. Do not place appliance on or near a hot gas or electric burner or in a heated oven.
12. Do not use the appliance for other than its intended use.
13. Extreme caution must be used when moving the appliance containing hot water or food.
14. Do not touch, cover or obstruct the steam vent on the top of the lid as it is extremely hot and may cause scalding.
15. Use only with a 120V AC power outlet.
16. Always unplug from the plug gripping area. Never pull on the power cord.
17. The food steamer should be operated on a separate electrical circuit from other operating appliances. If the electrical circuit is overloaded with other appliances, the appliance may not operate properly.
18. Use extreme caution when opening the lid during or after cooking. Hot steam will escape and may cause scalding.
19. To disconnect, turn the time control dial to OFF, then remove the plug from the wall outlet.
20. Do not wrap or tie the power cord around the appliance.
21. **CAUTION:** To reduce the risk of electrical shock, cook only in the removable steam baskets provided.
22. **CAUTION:** Intended for countertop use only.

SAVE THESE INSTRUCTIONS

Published By:

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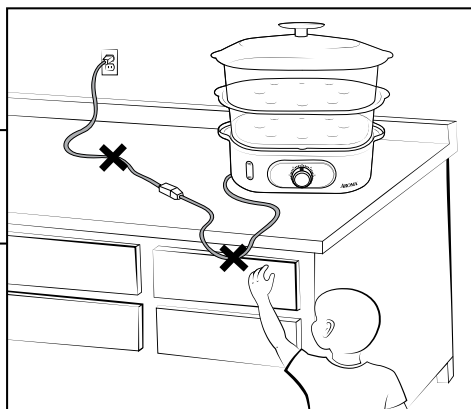
IMPORTANT SAFEGUARDS

Short Cord Instructions

1. A short power supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.
2. Longer extension cords are available and may be used if care is exercised in their use.
3. If a longer detachable power-supply cord or extension cord is used:
 - a.) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
 - b.) The extension cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.

DO NOT DRAPE CORD!

KEEP AWAY FROM CHILDREN!



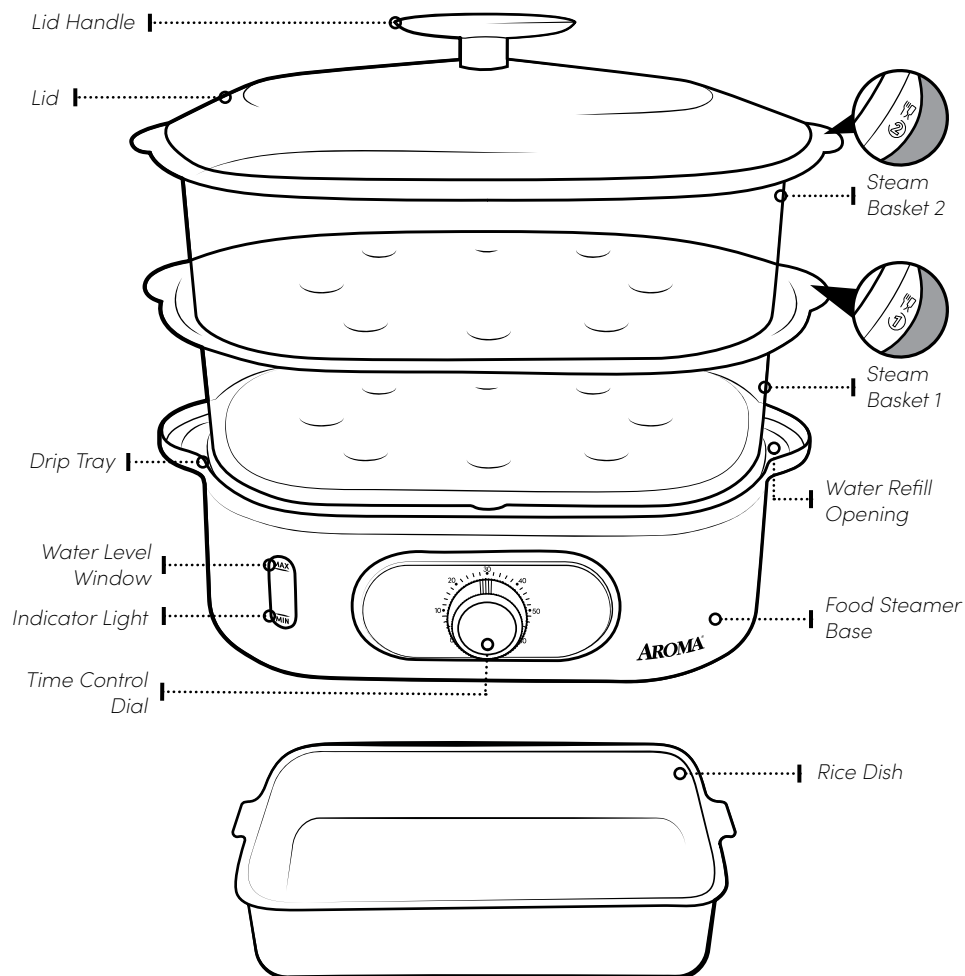
Polarized Plug

This appliance has a polarized plug (one blade is wider than the other); follow the instructions below:

To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.

Parts Identification



Controls/Functions

Time Control Dial

Adjusts the steaming time from 1-60 minutes. If steaming less than 10 minutes, turn the time control dial to the 10-minute mark to engage the timer switch, then turn back to the desired time.

THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY.

BEFORE FIRST USE

1. Read all instructions and important safeguards.
2. Remove all packaging materials and check that all items have been received in good condition.
3. Tear up all plastic bags and dispose of them properly as they can pose a risk to children.
4. Wash the lid, steam baskets, and drip tray in warm, soapy water. Rinse and dry thoroughly.
5. Wipe the food steamer base clean with a damp cloth.
6. Dry all parts thoroughly then assemble for use.
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TO CLEAN

1. Remove the lid, steam baskets, and drip tray once the steamer has completely cooled.
2. Hand wash the lid and all accessories using warm, soapy water or place on the top rack of the dishwasher.
3. Drain any remaining water from the water tank then hand wash, being careful not to submerge the tank or base in water.
4. Wipe the food steamer base clean with a damp cloth.
5. Thoroughly dry the food steamer's body and all accessories, then reassemble for next use.
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REMOVING MINERAL DEPOSITS

Hard water can leave mineral deposits that create scale build-up on the water tank and heating element. If mineral deposits occur, follow these steps.

1. Pour a mixture of 2 parts water and 1 part vinegar into the water tank to the MAX line. The mixture should contain at least a ½ cup of vinegar.
2. Securely place the drip tray on top of the base. Then, stack Steam Basket 1 on top of the drip tray, followed by Steam Basket 2. Finally, cover with the lid.

continued on the next page >>



Caution:

Never submerge the food steamer base in water when cleaning the water tank. Simply wipe out the water tank with a warm, soapy sponge and rinse clean.

Note:

- This steamer is designed to begin steaming about 1 minute after the timer is set.
- If steaming less than 10 minutes, turn the time control dial to pass the 10-minute mark to engage the timer then adjust it down to desired steaming time.
- Using purified water will help to prevent the buildup of mineral deposits.
- Any other servicing should be performed by Aroma® Housewares.

REMOVING MINERAL DEPOSITS (CONT.)

3. Plug the power cord into an available 120V AC wall outlet and set the time control dial to 20 minutes.
4. Once the time has elapsed, unplug the power cord, allow the unit to cool.
5. Once the unit has cooled, drain the water/vinegar mixture and rinse the water tank with water to remove any remaining residue. Then, rinse all parts, including the drip tray, steam baskets, and the lid. Dry thoroughly before reassembling.
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TO STEAM

1. Fill the water tank with water in between the MIN and MAX lines on the water level window.
2. Place the drip tray securely on top of the base.
3. Place desired food into one or both of the steam baskets, depending on the amount being steamed.
4. Place Steam Basket 1 securely on top of the drip tray. If using both steam baskets, stack Steam Basket 2 securely on top of Steam Basket 1.
5. Place the lid securely on top.
6. Plug the power cord into an available 120V AC outlet.
7. Turn the time control dial to the 10-minute mark to engage the timer switch, then set back to the desired steaming time. The indicator light will illuminate as the steamer begins heating.
8. Once the time has elapsed, the steamer will "ding" and automatically shut off.
9. Using caution to avoid escaping steam, remove the lid by the handle and check food for doneness. If fully cooked, remove for serving.
10. When finished, unplug the power cord, allow the unit to cool and follow instructions in "To Clean" on page 6.
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Caution:

Do not steam food without the drip tray in place.

Use caution when opening lid to avoid hot steam being released by steamer.

Do not place the appliance under a cabinet while it is operating.

Helpful Hints:

For suggested steaming times, see the "Meat & Vegetable Steaming Tables" on page 8. Place smaller foods in a heat-safe container before placing inside the steam basket.

The dual steam baskets are great for steaming two foods with different cooking times. Begin by steaming the food with the longer cook time in Steam Basket 1. Then add Steam Basket 2 at the appropriate time for it to cook. Both foods should be ready to serve once the food steamer switches off.

To STEAM RICE

USING INCLUDED RICE DISH

1. Begin by rinsing the desired amount of rice thoroughly until the water runs clear.
2. Pour the rinsed rice into the provided rice dish.
3. Add water to rice in a ratio of 1 part rice to 1.25 parts water.
4. Ensure you do not exceed the maximum capacity of 1.5 cups of rice in the rice dish.
5. Fill the water tank with water up to the MAX line shown in the water level window.
6. Secure the drip tray into the base of the steamer.
7. Place Steam Basket 1 securely on top of the drip tray, then place the rice dish inside the steam basket.
8. Place the lid securely on the steam basket.
9. Plug the power cord into an available 120V AC wall outlet
10. Turn the time control dial to set the steaming time to 45 minutes.
11. The indicator light will illuminate as the steamer begins heating.
12. Once the 45 minutes have elapsed, the steamer will "ding" and automatically shut off.
13. Using caution to avoid escaping steam, remove the lid and check the rice for doneness.
14. If the rice is fully cooked, remove the rice dish for serving.
15. When finished, unplug the power cord, allow the unit to cool and follow instructions in "To Clean" on page 6.



Caution:

Do not steam food without the drip tray in place.

Use caution when opening lid to avoid hot steam being released by steamer.

Do not place the appliance under a cabinet while it is operating.

Meat & Vegetable Steaming Tables

Meat	Steaming Time	Safe Internal Temperature
Fish	12-18 Minutes	140°F
Crab Legs	14-20 Minutes	145°F
Chicken	17-20 Minutes	165°F
Pork	18-24 Minutes	160°F
Beef	Medium = 18 Minutes Medium-Well = 21 Minutes Well-Done = 26 Minutes	160°F

Vegetable	Steaming Time
Eggs	10-15 Minutes
Asparagus	8-14 Minutes
Broccoli	8-12 Minutes
Cabbage	12-18 Minutes
Carrots	12-18 Minutes
Cauliflower	12-18 Minutes
Corn on the Cob	14-18 Minutes
Green Beans	14-20 Minutes
Rice	30-45 Minutes
Peas	8-12 Minutes
Potatoes	24-40 Minutes
Spinach	8-12 Minutes
Squash	16-30 Minutes
Zucchini	12-18 Minutes

Note:

- Since most vegetables only absorb a small amount of water, there is no need to increase the amount of water with a larger serving of vegetables.
- Steaming times may vary depending upon the cut of meat being used.
- To ensure meat tastes its best, and to prevent possible illness, check that meat is completely cooked prior to serving. If it is not, repeat the steaming process until the meat is adequately cooked.
- These steaming charts are for reference only, cooking times are approximate. Altitude, humidity and external temperature will affect cooking time.

RECIPES

Steamed Lobster

4	lobster tails
1	lemon, cut into wedges
4	wooden skewers
--	melted butter, to taste

Rinse the lobster tails briefly under cold water to remove any grit or shell fragments, then run a wooden skewer through each tail to prevent curling during steaming. Fill the water tank with water at least halfway between the MIN and MAX lines. Place the lobster tails into Steam Basket 1, place the basket securely on top of the drip tray then set the lid on top. Set the time control dial to 12 minutes (or, 1½ minutes per ounce). Once the time has elapsed, check the lobsters for doneness. If cooked, carefully remove them from the steamer and pull out the wooden skewers. Serve the tails with melted butter and lemon slices.

SERVES 4.

Steamed Dumplings

15	frozen dumplings (your choice of filling)
2 cups	water
--	soy sauce (optional)
	sesame oil (optional)

Fill the water tank halfway between the MIN and MAX lines. Place the frozen dumplings evenly in the steam basket. Secure the steam basket on top of the drip tray, then place the lid securely on top. Set the time control dial for 20 minutes. Once the time has elapsed, check the dumplings for doneness. If fully cooked, remove and serve. For added flavor, drizzle with soy sauce or sesame oil, if desired.

SERVES 1.

For additional recipes, visit us at
www.AromaCo.com

LIMITED WARRANTY

Aroma Housewares Company warrants its products against defects in material and workmanship for one year from the provable date of purchase in the United States.

Within this warranty period, Aroma Housewares Company will repair or replace, at its discretion, defective parts at no charge. Proof of the date of purchase, such as the original dated sales receipt, will be required with any request for warranty repair or replacement. All liability is limited to the amount of the purchase price.

This warranty does not apply if the warranty period expired; the product has been modified by any unauthorized service center or personnel; the defect was subject to abuse, improper use not conforming to product manual instructions, or environmental conditions more severe than those specified in the manual and specification, neglect of the owner or improper installation; the defect was subject to Force Majeure such as flood, fire, lightning, earthquake, other natural calamities, war. The warranty excludes accessories and replacement parts. This warranty is void if the product is used for other than single-family household use or subjected to any voltage and waveform other than as specified on the rating label (e.g., 120V ~ 60Hz).

Aroma's sole obligation under the warranty shall be to replace the defective product with a working one or a similar model of equivalent value, if the same model is not available, in the occurrence of any failure or defect covered under the warranty during the warranty period. Refurbished items or items not purchased through an authorized retailer are not eligible for warranty claims. Transportation charges on parts, or products in whole, submitted for repair or replacement, under this warranty, must be borne by the purchaser.

This warranty gives you specific legal rights, which may vary from state to state, and does not cover areas outside the United States.

SERVICE & SUPPORT

In the event of a warranty claim, or if service is required for this product, please contact Aroma® customer service toll-free at:

1-800-276-6286 | CustomerService@AromaCo.com
M-F, 8:30am-4:30pm, Pacific Time

www.AromaCo.com

Aroma Housewares Company
6469 Flanders Drive, San Diego, CA 92121, U.S.A.

Note:

- Proof of purchase is required for all warranty claims.
- Failure to register your product will not diminish your warranty rights.
- Not satisfied with your Aroma® purchase? Our product experts can help! **Before returning, please contact Customer Service at 1-800-276-6286** for product support, helpful tips and more!



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